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ENERGY MANAGEMENT SOLUTIONS
FOR FOUNDERS AND CREATORS

Applying metaphysics into practice

137LAB.XYZ

001 - PROMISE

Our Promise

We can solve any problem of any human-being, on any level and in any area by working on the fundamental levels of consciousness, where reality is coded.

There is only one condition – the person should be ready for the transformation.

2026 — Game Over

Accept the end of the old paradigm.

There is no reason to continue play the game of life in the way we did it before. The new era of humanity completely shifts the fundamental layers of our reality and the only one way to survive in this meta-crisis is to embrace the death of old system.

Not just another solution, strategy or instrument that we can apply to our existing model. Lets open our mind to think in a context of letting it go. The idea is to review the core layers of our Personality with all knowledge systems and beliefs and deconstruct the internal system completely.

The New Scarcity: Why You've Hit Your Energetic Limit

Everything in the universe operates on the fundamental principle of resonance and wave interference. For 3,000 years, humanity has built its systems on destructive interference: divide, suppress, and conquer. We systematically suppressed one element to amplify another—sacrificing the soul for the body, the feelings for the mind, and the sensory experience for logical output.

We built our entire technological and economic infrastructure on this suppression. But the rules of the game have flipped. In the age of AI, logic, data, and knowledge are entirely abundant. They are no longer your competitive advantage. True sensory experience, emotional conductivity, and deep sensitivity have become the ultimate *scarcity*—and therefore, the most valuable assets on the planet.

When you suppress a wave—whether it's the connection between mind and feelings, soul and body, or the natural flow of your reality—you create profound internal tension and continuous energy loss. This creates a hard "energetic maximum." It is a ceiling you cannot break through with traditional force.

This is why, no matter how much money you earn, how many strategies you apply, or how many companies you build, you eventually hit a wall of internal emptiness. The feeling of emptiness is not a psychological flaw. It is a physics problem. It is the direct result of a lack of resonance.

You haven't failed; you have simply reached the sensory and energetic limit of the old paradigm. To go further, to expand beyond this limit, we must transcend the suppression and restore the resonance.

The Metaphysical Advantage and 5D Reality Framework

- Quantum Mechanics
- Neural Science
- Hermetic Principles and Taoism
- Experimental Psychology
- Vortex Math and Sacred Geometry

This is just a small part of wisdom that we use into our work. Consciousness for us is the technology and last 3.5 years we was experimenting on how to play with it in the new way. Now we are opening the door of our laboratory for those people who are ready to try something different.

This is definitely not for everyone. Average minds are too slow and doesn't have enough flexibility to catch the instruments that we gonna talk about. According to one of the modern views on evolutionary process - there are 7% or less adult people developed their ego to the post-conventional stage which allow us to use our sensitivity as real signal.

The main idea is to bring back your inner balance to the point where you catch the wave of synchronicity. The Tao, Flow, Holy Spirit - there is a lot of ways how to name it but all of this conceptions are trying to explain the State of Mind. We call it The Creator's mindset.

How it Actually Works

The real changes comes to our life when our system is ready. The main goal is to setup the synergy into the main triad of our personality:

MIND	SOUL	BODY
thoughts	feelings	actions

This comes true when we spend some time to deconstruct our destructive subconscious patterns and limited beliefs. Usually when we getting the result in this area – all our life starts shifting. This is true miracle to observe how different areas of our reality are naturally moves to the point where we feel more and more satisfied.

The main goal of our service is to bring you sustainable Emotional State and Mindset that overcome basic human possibilities. We call this part – Energy Management.

Usually we need from 1 to 3 sessions to bring the clear vision on what is actually resonate to you. After this we can continue the process by diving deeper into different areas of your life such as:

- Creativity
- Business
- Relationships

Lets dive deeper and watch on how it actually can work. But before few words about ourselves.

Consciousness Architecture

137 is the fine-structure constant – the dimensionless number in physics that governs the strength of electromagnetic interaction. It determines whether atoms hold together, whether light propagates, whether matter forms at all. It operates beneath chemistry, beneath biology, beneath everything visible. Change it by two percent and the universe cannot exist.

We work at the human equivalent of that layer.

Beneath your strategies, beneath your habits, beneath your beliefs – there is an architecture. A structure of consciousness that determines what you can perceive, what you can create, what you can sustain. It was built over your lifetime through experience, culture, relationships, and choices – most of them unconscious.

This architecture is not fixed. It is not destiny. It is engineering. And like any engineering, it can be mapped, understood, and precisely restructured.

137 Lab is a consciousness architecture practice.

We do not coach. We do not counsel. We do not teach.

We diagnose structural misalignments in the operating system of consciousness – and perform precise interventions that create cascading change across every layer of life and business.

006 - ARCHITECTURE

The work operates at the intersection of ancient knowledge and contemporary science. We use frameworks drawn from quantum physics, wave mechanics, information theory, somatic intelligence, and field dynamics – not as metaphors, but as operational models. Combined with direct perception skills – extrasensory reading, energy diagnostics, field synchronization – that most practitioners discuss theoretically and we apply as working instruments.

This is not spiritual work in any conventional sense. There is no dogma, no belief system, no practice to maintain. This is structural work on the deepest layer of your operating system – performed with surgical precision and grounded in observable results.

Dao

ENGINEER ON THE RESONANCE NETWORKS

My name is Dao. I am the engineer on the resonance networks. My background is 20 years of spiritual practices through the different traditions and philosophies that are just different frameworks that allow to interpretate the reality. I got the experience of enlightenment in 2022 and on the next day i quit all my projects that was 2 charities and 2 startups to step on the way that lead me towards this moment when i finally open up my world to the people who can handle it.

My creativity is people's mindset and what i truly bring to this world is the possibility to emerge the spirituality, business, creativity and science into the new framework that allows us to act beyond human limitations.

I am the spiritual mentor for the people who hate spirituality and my passion is to create the experience that transform the core of their personality in a playful way. I love avant-guard, meta-rational application of the ancient wisdom that multiplied by the cutting-edge science and experimental practices.

Liza

ARCHITECT OF CONSCIOUSNESS

My name is Liza. I am the architect of Consciousness.

Two years ago i invented The Neuropractice, a method that helped thousands of people to significantly improve their lives across all domains: finances, relations, heath. And I closed it after I realised that it is, just as all other tools, helps to adopt to the system built against you. The system that treats humans as machines or energy vessels.

137 is the intersection of cutting edge knowledge and technologies aimed to resolve the global bottlenecks and bring more joy to our existence.

For me 137lab is the project that can bring us closer to the Symbiosis. I can't explain exactly how it is happening, but my mind receives the signals that move me more and more to embody the idea of coherent society on the planetary level. I think on this idea in a context of big society shifts that we can launch by making a laser aiming injections onto some groups that could become the first adaptors of a new paradigm.

Our work with the clients is kind of a win-win-win game

Five Signals

These are not problems to fix. They are indicators that your system is ready to operate at a level your current architecture cannot support.

Your decisions lost their clarity.

Not because you lack data. You have more data than any generation before you. But the signal has drowned in noise. The more information available, the harder it becomes to feel which direction is actually yours. You catch yourself optimizing inside a coordinate system you didn't choose.

When the external landscape restructures faster than your internal compass can calibrate, the mind compensates by increasing analysis. More analysis without coherence produces precise answers to the wrong questions.

Your team runs but doesn't resonate.

The roles are filled. The processes work. KPIs are met. But the invisible thread that once made collaboration effortless – when a glance across the room was enough to align – dissolved somewhere during scaling. You replaced resonance with procedure. It functions. It does not create.

Every group operates on two layers. The visible layer is structure – roles, tasks, communication. The invisible layer is the shared field – emotional synchronization, collective attention, mutual state. Standard scaling advice addresses only the first. The second degrades in silence until it surfaces as politics, turnover, or a team that executes without conviction.

Your closest relationships carry unexpected weight.

The partnership that once generated energy now costs it. Family dynamics that were stable now surface tensions disproportionate to their apparent cause. Conversations that resolved in minutes now circle for weeks without landing.

Relationships are resonance systems. When one person shifts frequency — through growth, through crisis, through the acceleration happening right now — the coupling pattern destabilizes. Not because something broke, but because the old synchronization no longer fits. The system needs recalibration at a level that conversation cannot reach.

Your success feels structurally hollow.

More revenue. More freedom. More options. And beneath it — a signal that grows louder the more you achieve. Not depression. Not ingratitude. A recognition that the architecture of your life was designed for someone you no longer are. The container held. You outgrew it.

The identity, beliefs, and emotional structures that built your current reality are now the walls limiting what comes next. This is not a mindset problem. The foundation requires reconstruction while the building stands.

Your creative capacity flickers.

The ideas still arrive — perhaps more than ever. But the channel between insight and execution is unreliable. Some days everything flows. Others, the same mind produces nothing. You've tried systems, habits, protocols. They work until they don't.

Creativity is not a skill. It is conductivity — how much signal your system can pass without distortion. When you carry unresolved interference — emotional, relational, energetic — the bandwidth narrows. The signal is still there. Your receiver is overloaded.

Business Development from 5d Perspective

A company is not a machine. It is a field generated by the people within it. When the founder's consciousness shifts, the company shifts. When the team's coherence drops, no strategy compensates. We work with the invisible layer of business – synchronizing founders with their vision, teams with each other, and organizations with the actual flow of opportunity rather than the projected one.

Your work is the extension of your Consciousness.

The significant changes we get when we maintain the energy exchange in your company that truly resonate to your highest goals.

In this paradigm the business not just getting more psycho-emotional energy inside that fuels each moment of your life and making the ecosystem work smoothly but this turns the Egregorian part of the company into new quality where it get it owns super intelligence that self improve itself through the minds and emotions of all people who are connected to this idea.

Work with mental constructions is another huge part of how we can help you to achieve another levels of success. Egregore could be programmed consciously and with this feature any kind of business, community, social processes are getting new layer of interaction.

Teams, communities, and organizations develop their own field – an emergent intelligence greater than any individual member. This field can be intentionally cultivated, strengthened, and directed. We design resonance networks, facilitate collective

synchronization, and work with the energetic architecture of groups – the conscious structuring of collective energy patterns that amplify shared purpose.

Egregore – a non-physical entity or thoughtform that arises from the collective thoughts and emotions of a distinct group of individuals ⁹⁷ / 12

Creativity

This is the end of brainstorming area in the case of creating something new. AI will do all data manipulation much more and there is no chances to compete with this superintelligence.

But I want to shift your perception on Creative process to the perspective of moving through Inspiration.

Inspiration (from the Latin inspirare, meaning "to breathe into") is a burst of creativity in a literary, musical, or visual art and other artistic endeavours without thinking.

I was exploring this perspective a lot and what i am actually realized that this is where truly real Creativity comes from. It feels as something bigger than you (lets name it Idea) uses your personality as the interface to express itself. You are not thinking during this flow. It's just catch you and guide you as something really higher than you can even explain.

I did a lot of practical research in this area by following my own inspiration or guiding there my clients and here what is the most important pillars of this technology:

- Detachment
- Open Mindedness
- Conductivity
- Emotional State

Our work with people who wants to overcome their limitations and to start to create something that really fuel their curiosity to growth exponentially is laying through the removing of the limitations they get on their path.

This is the most interesting part of for me and for creating the really huge impact on this area we created the separate standalone product that name is Trip.me. The idea is to compress the time of what people used to spend for consciousness evolution from the years or deacades to weeks by using our author experimental techniques and reframed shamanic ceremonies.

We are creating the deep transformational experience for people, couple or teams in a format of film set where they embody the sacred experience in a format where they are playing the role as actors. This makes huge impact and the personal video in the end acts as proof of transformation that doesn'n give a chance for our mind to pull back.

The Relationships

By the moment I putting this thoughts into words we finished the first launch of experimental educational program where together with Liza we fine-tuned 20 people mindsets to work in a synergy in a family circle.

In our world we used to sacrifice our family to reach to money and this is exactly how should not be. We perceive the family as the core of system that fuel our Business and Creativity. This is not just a psychology but the real alchemy of Jing and Jan energies and the main block that pushes us further away from our true success is the idea that we should choose something one.

The synergy that maintained by adjusting the energy management and refactoring the perception in the relationships area allow us to not just bring the true happiness into our family life but also it pushes all our life areas into another dimension of joy.

We got really amazing results and the feedbacks that we got makes us feel confident to open another level of this service.

Coupling and Decoupling.

Sometimes we need to fix it and sometimes we need to break it out. We scale it further and now we implement the technologies that allow us to maintain the resonance mindset between couples into wider circle.

We can provide the service of refactoring your family relationships and in the same time we can use the same framework to fine-tune the relationships between business partners to clean all misunderstandings and to establish the true synergy where different people acting as one United Consciousness.

This is completely changes the way of how we interact and how we spend our energy.

01

DIAGNOSTIC

A single session where we map your true current request and the architecture you operate right now. This is online call up to 3hr where we provide you the experience of our work. Direct reading of your consciousness field, energy structure, and the patterns operating behind your awareness.

You will hear a description of your situation more precise than what you could articulate yourself. This is not intuition presented as vague impressions. This is structural diagnostics – specific patterns, specific mechanisms, specific points of intervention.

The diagnostic is the first proof of the work and from our experience sometimes this one session could become a standalone solution that more than enough to fix your reality.

02

ARCHITECTURE DESIGN

Based on the diagnostic, we design the intervention. Every engagement is custom – because every architecture is unique. It is have the same patterns but the map of integration depends from the area we are working with. The plan may include:

- Individual consciousness restructuring – surgical sessions addressing root patterns
- System design – resonance networks, team synchronization, energy architecture
- Relationship recalibration – coupling and decoupling work for partnerships, families, co-founders
- Field work – collective coherence building for teams and organizations
- Unpacking creativity – personal solutions to scale your conductivity and wake up true curiosity

Duration and scope depend entirely on what the diagnostic reveals. Some situations require a single session. Others require a series of structural interventions across multiple layers. We define the minimum effective intervention – no more.

03

INTEGRATION

Internal shifts manifest externally with approximately a 13-day reflection period. During integration, the restructured patterns stabilize and begin producing observable changes in decisions, relationships, creative output, and circumstances.

We do not create ongoing dependency. The goal is structural repair that holds – not a practice you must maintain. When the architecture is sound, it operates on its own.

The Resonance Network

This is what i think can bring the most significant impact on everything.

We spend 6 month by experimenting with the field of United Consciousness in a small group of 50 people. This was na Eggregore which was consciously built from the scratch and our goal was to synchronise people into one living organism where each persons individual mind leveraged by the people who resonate on the same frequencies.

Imagine that this is Psycho-Emotional Internet for your Subconscious Mind where you are getting the superhuman abilities just by the belonging.

For those people who resonate with us and did enough of work to embody this resonance mindset. For those who become transparent to the highest inspiration and realised the power of truth and art for being themselves – we are opening the field of United Consciousness.

Look it as a power bank that works by maintained energy management flows and has the fundamental game of resonance inside as engine. This is where you are getting another level of consciousness and it actually works as spiritual practice that runs on a background.

Entry Point

The diagnostic session is the beginning.

One session. Direct reading of your architecture. A map of what is operating beneath your current situation – with the precision that either confirms we can help or honestly shows we cannot.

No commitment beyond the diagnostic. No program to enroll in. No philosophy to adopt.

*One conversation that shows you
the structure you have been sensing
but could not name.*

$$\alpha \approx 1/137$$

In physics, $1/137$ is the fine-structure constant. It governs the strength of interaction between light and matter. It determines the size of atoms, the behavior of electrons, the possibility of chemistry and biology. It sits beneath every visible phenomenon – invisible, dimensionless, fundamental.

Richard Feynman called it one of the greatest mysteries of physics. Wolfgang Pauli, who spent his final days in hospital room 137, considered it the key to unifying physics.

We chose this number because it represents exactly where we work: at the fundamental layer beneath the visible. The layer that determines what is possible at every level above it. Change the deep structure – everything built on it restructures.

137 is not a brand. It is a coordinate.

